

# LEARNER SHEET: BENEFITS OF COMMUNION



## THE BIG IDEA

**Word, wine, and bread together give us salvation, forgiveness, and life.**

## BIG FUN IDEA

Meet as a group to go to a movie. Choose a movie you know to have a moral lesson or ethical aspects to the plot. When the movie is over, go out someplace for ice cream and discuss it. Try to reach a consensus about the point of the plot. (If you do not have a movie theater nearby, you can have a “movie and ice cream sundae” night at church or in someone’s home.)

## BIG SERVING IDEA

As a group, make a banner that can be displayed on Holy Communion Sundays in the narthex of your church building. (Be sure to get permission from the right people in your church, like the pastor, before hanging your banner!) Think of the symbols of Holy Communion (chalice, bread, grapes, wheat, and so forth), but also try to invent some of your own, fresh symbols. Be creative!

## PRAYER TIME

Remember your partner’s prayer needs—record them here.

## DISCUSSION TIME

- **What do you remember about your first Holy Communion? Where was it held? Who was there? What were your feelings?**
- **How have your feelings about Holy Communion changed since you first communed?**
- **Summarize in your own words what you have been learning in the last three lessons about Holy Communion.**
- **If someone said to you, “I don’t see the point in going to communion,” what would you say to them?**