

LEARNER TAKE-HOME SHEET: BENEFITS OF COMMUNION



Take this sheet home and keep it someplace near the dinner table like on the fridge. At least three times next week at dinner, use Prayer Time and one other family activity to make your confirmation learning come alive!

PRAYER TIME

Invite God into your presence by celebrating and lifting up the people and circumstances that dwell deep in your heart this week. Pray this prayer together:

Lord, you have saved us from sin in your death and resurrection. Grant that we may be worthy of your gifts and might share them with others. We ask all of this in your name. Amen

TALK TIME

Read and reflect on the verses above and talk about the questions below:

- What is your favorite meal? Is there something everyone in your family likes best? Why do you suppose “comfort foods” are so tasty?
- A covenant is a “big promise.” What kind of big promises do you make in your family? Consider promising to eat at least three meals together per week!
- Make a list of your family’s strengths. Do you strengthen each other when you’re all together? In what specific ways do you draw strength from each other?
- Brainstorm how you might use those strengths to share the love of Christ with others. Make a list that you write on your family white board, or write them down and put them on the fridge.

KEY WORDS

Keep a family white board someplace near the dinner table, and write these words on it. Try writing a family definition for each one during the week.

**RECONCILED
COMMUNION
WORD OF GOD**



WEB TIME

Gather around the family computer. Look for images of things that start with the letters in the word *for-giveness*. Make a poster with these images and “FOR-GIVENESS” in big block letters at the top of the poster. Hang it somewhere where everyone will see it for the next week.

RITUAL TIME

Martin Luther wrote the Small Catechism as a tool for parents to teach the faith to their children. Make Luther’s explanation of the Sacrament of the Altar part of your family devotions. Try writing an original table grace as a family, and resolve to pray it together for the next week.