

# LEARNER TAKE-HOME SHEET: HEALING THE BENT-OVER WOMAN

Luke 13:10-17



## KEY WORDS

Keep a family white board someplace near the dinner table, and write these words on it. Try writing a family definition for each one during the week.

**SABBATH**

**LAW**

**FREEDOM**

**MERCY**

Take this sheet home and keep it someplace near the dinner table like on the fridge. At least three times next week at dinner, use Prayer Time and one other family activity to make your confirmation learning come alive!

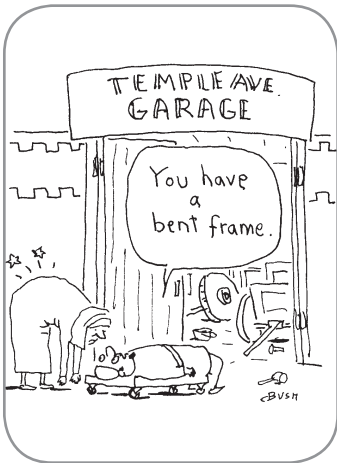
## PRAYER TIME

Read Luke 13:10-17 and talk about Jesus' power to free you from suffering. Then say the following prayer:

**Thank you, God, for the gift of our family. Be with us in our good times and in our struggles. Help us be conscious of the love we have for each other, especially now as we reflect on the freedom that your love has given us. We ask this in Jesus' name. Amen**

## TALK TIME

- What does our family do to observe the Sabbath day? Is this day a day of rest and worship for us? Is there something else we can do to make the Sabbath day holy?
- Who do we know at church or in our community who is suffering? Is there some way our family can help free them from suffering? (Suggestions: send a card, serve a meal, offer to clean, baby-sit children.)
- *Parents:* Tell your children about a time when you broke the rules. What were the consequences? What did you learn from the experience? As an adult, how do you feel about rules?
- *Children:* Ask your parents about any household rule you think is weird or unnecessary. Why does your family have this rule? How do the members of the family benefit from this rule?



## WEB TIME

Look up a reputable Web site that gives information about the Jewish Sabbath. What does a typical Jewish Sabbath day look like? How does it compare with a typical Christian Sabbath (Sunday)? Is there a Jewish Sabbath practice you would like to adopt for your family's Sabbath day observance?

## RITUAL TIME

Write one morning prayer and one evening prayer that your family can say together throughout the week. Write new prayers each Sunday. Make a colorful list of three things your family can do each week to care for God's creation. Put the list in a prominent place to remind you what you want to do.