

AGING IN PLACE

With a Personal Emergency Response System



Did you know falls are the leading cause of accidental death in older adults? In the event of a fall or other medical emergency, how would you or your loved one reach help if a phone wasn't nearby?

- **Who should have a PERS unit?** There are many different circumstances contributing to the need for a PERS unit. Our subscribers include those at risk of losing their independence or their opportunity to make choices, or those who are alone for any part of the day or night. While most emergency response subscriptions are related elderly care, here is a list of situations that might benefit from the use of personal emergency monitoring:

- Death of a spouse
- Falling tendencies
- Physically disabled persons
- Poor motor or dexterity skills
- Mentally disabled persons
- Recuperation after surgery
- Rehabilitation after injury
- Living alone
- Illness

According to the Centers for Disease Control and Prevention (CDC), each year one in every three adults age 65 and older falls. Falls can cause moderate to severe injuries, such as hip fractures and head traumas, and can increase the risk of early death.



It is not just calling for help. Alpine's PERS call center doesn't just call public emergency services for you. Calls are placed to any family member on your list who has asked to be notified of an incident. The PERS unit is user-friendly and is monitored 24 hours a day.

Maintain your independence and freedom while giving your family and friends peace of mind with a Personal Emergency Response System from Alpine Communications. For more information or to order, call (563) 245-4000.

How much will I pay for PERS?

All Personal Emergency Response Systems are installed by Alpine's certified Security professionals for a one-time fee of \$49.95 and a monthly rate of \$35.95 plus tax. Financial assistance is available by obtaining a Medicaid Waiver for Personal Emergency Response Systems.. Contact Northeast Iowa Area Agency on Aging NE13A at 1-866-468-7887 for information.

What is included with my PERS?

- Leasing the Base Unit
- New Pendant/Wristband - a waterproof push-button connection to a real person at our Central Monitoring Station
- One-Touch Talk
- Hands-Free Talk
- Professional Installation (up to 2 hours)
- 24-hour Monitoring
- No Long-Term Agreement



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Marie Dickman from Garnavillo, with the assistance of her daughter in Milwaukee, choose a PERS unit from Alpine Communications so that at 90 years old, Marie is just one touch away from help. "I have Alpine's PERS service and when my power went out, the system was reactivated right away! I'm thankful for their quick response and excellent customer service," said Mrs. Dickman.

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Real Access. Real Value. Real People.